

SARAH CERMINARA

Curriculum Vitae

Work

09/2014- present Romagosa Dermatology, Stuart, FL
07/2013- 08/2014 Vail Dermatology & Aspen Dermatology, Vail, CO

Education

07/2010-06/2013 VCU Medical Center dermatology residency training program
07/2009-06/2010 Transitional Year Internship, Weill Cornell University, Methodist Hospital
2005-2009 **M.D.**, Doctor of Medicine, University of Miami Miller School of Medicine
07/2006-10/2007 Contact Dermatitis Research Student, University of Miami
2001-2005 **B.A.**, Bachelor of Arts, University of Miami, Florida
2002/June-July Oxford University-Exeter College, Sociology of British Society

Awards and Honors

2012-2013 VCU Medical Center Dermatology **Chief Resident**
2008 **Alpha Omega Alpha Honor Medical Society**
2007 Sun Protection Fun. Patel S, **Stechschulte S**, Nijhawan R, Jacob SE.
John K. Robinson Grant for Student Initiatives
2005 **Cum Laude**, University of Miami, Arts & Sciences
2004 Gamma Sigma Alpha Greek Honor Society
2003-2005 Golden Key Honor Society
2003-2004 Vice President of Membership Development of *Delta Phi Epsilon*

Publications

1. Nijhawan R, Patel S, **Stechschulte S**, Jacob SE. Sun Protection Fun - an Educational Outreach Initiative by a Dermatology Interest Group. *J Am Acad Dermatol*. 2007 Dec;57(6):1091-2.
2. Jacob SE & **Stechschulte S**. Eyelid Dermatitis Associated with Balsam of Peru Constituents: Benzoic Acid and Benzyl Alcohol. *Contact Dermatitis*. 2008 Feb;58(2):111-2.
3. Jacob SE & **Stechschulte SA**. Tosylamide Formaldehyde Resin Allergy- A Consideration in the Atopic Toddler. *Contact Dermatitis*. 2008 May;58(5):312-3.
4. Jacob SE & **Stechschulte S**. Formaldehyde, Aspartame and Migraines – A Possible Connection. *Dermatitis*. 2008 May-Jun;19(3):E10-1.
5. **Stechschulte SA**, Avashia N, Jacob SE. Tosylamide Formaldehyde Resin. *Dermatitis*. 2008 May-Jun;19(3):E18-19.
6. Ricotti C, **Stechschulte SA**, Cockerell CJ. Current Concepts: Dermatopathology of Pigmentary Alteration Disorders in the Hispanic Population. *Adv Dermatol*. 2008 Nov;24:212-21.
7. Zirwas M & **Stechschulte SA**. Moisturizer Allergy: Diagnosis and Management. *J Clin Aesthet Dermatol*. 2008 Nov;1(4):38-44.
8. Jacob SE, Elsaie ML, Castanedo-Tardan MP, **Stechschulte SA**, Kaufman J. Aging and Contact Dermatitis; A Review. *Current Aging Science*. 2009 Jul;2(2):121-6.
9. **Stechschulte SA**, Kirsner RS, Federman DG. Vitamin D Bone and Beyond: Rationale and Recommendations for Supplementation. *Am J Med*. 2009 Sept;122(9):793-802.
10. Unwala R, Alonso M, **Stechschulte S**, Jacob SE. Patch Testing with Worsening Psoriasis Vulgaris. *JDNA*. 2009 Nov-Dec;1(6):353-6.

SARAH CERMINARA

Curriculum Vitae

11. Patel S, Rouhani P, Nijhawan NI, **Stechschulte SA**, Parmet Y, Hu S. Skin Cancer Awareness, Attitude, and Sun Protection Behavior Among Medical Students at the University of Miami. *Arch Dermatol*. 2010 Jul; 146(7): 797-800.
12. Novosel T, **Stechschulte SA**, Jacob SE. The Importance of Bath Time and Avoiding Extended Exposure to Irritating and Allergenic Chemicals. *Pediatr Ann*. In press.
13. **Stechschulte SA**, Kirsner RS, Federman DG. Sunscreens for the non-dermatologist: A review of efficacy, controversies, and clinical recommendations. *Postgrad Med*. 2011 Jul;123(4):160-7.
14. Jacob SE & **Stechschulte S**. Solid Wood Applicator Assisted Loading of the IQ Chamber Patch Test. *Skin & Aging* Feb 2007;15(2).
15. Jacob SE & **Stechschulte S**. Focus on T.R.U.E. Test Allergen Jasmine Absolute. *Skin & Aging*. Apr 2007;15(4): 33-5.
16. **Stechschulte SA**, Ricotti C, Cockerell CJ. Advances in Skin Cancer Diagnosis. *US Dermatology*. 2009 May. 73-6.
17. **Stechschulte SA**, Jacob SE. LTE. *Dermatitis*. 2009 Jun 1;20(3):177-179.
18. Federman DG, **Stechschulte SA**, Kirsner RS. Benefits of Vitamin D? *Am J Med*. 2010 Feb;123(2):e19.
19. Grauel E, **Stechschulte SA**, Loayza AG, Krishna S, Nunley JR. Necrolytic Acral Erythema. *JDD*. 2012 Nov;

Abstracts

1. Castanedo-Tardan MP, **Stechschulte S**, Jacob SE. "The International Fellowship: Creating Envirottoxins Awareness in the Americas". *Dermatitis* 2007 Jun;18(2):13.

Presentations

1. Deceptive Drug Reaction Leads to Mortality. **Stechschulte SA**. Gross & Microscopic Symposium. American Academy of Dermatology 71st Annual Meeting. March 2013

Book Chapter

1. **Stechschulte SA**, McCall CO, Wilkin J. Flushing. Treatment of Skin Disease: Comprehensive Therapeutic Strategies. In Press.

Research

1. Review of Comprehensive Patch Test Data from the University of Miami: Most Prevalent Allergens in South Florida in the Caucasian, Black, Asian and Hispanic Populations IRB#:20060199. Principle Investigator: Jacob SE. Sub-Investigators: Unwala R, **Stechschulte S**, Pachecho M. 2006
2. Sun Protection Fun (SPF): Effectiveness of Educating Elementary School Students on the Damaging Effects of the Sun. IRB#:2007007. Principle Investigator: Jacob SE. Sub-Investigators: **Stechschulte S**, Nijhawan R, Patel S. 2007
3. Assessment of Fitzpatrick skin type, sun protection practice, and skin cancer awareness by race and ethnicity among medical students at University of Miami. IRB #:20060947 Principle Investigator: Kirsner R. Sub-Investigators: Fangchao M, Hu S, **Stechschulte S**, Patel S. 2007

SARAH CERMINARA

Curriculum Vitae

Acknowledgements

Nouri, K. ed. Skin Cancer. McGraw-Hill Professional, 2007

Community Service & Leadership

2007-2008	Camillus House Dermatology Clinic Volunteer, SunSmart Sprint 5K Run/Walk for Melanoma Awareness Volunteer
2006-2007	Dermatology Interest Group Executive Board, Sun Protection Fun: An Educational Program for Elementary School Students- Designer and Organizer, Medical Student Convention Representative, Medical Student Curriculum Module Committee, Certified Clinical Skills Trainer, Station Manger at the Florida Keys Health Fair
2005-2008	Premed mentor, Miller School of Medicine
2004	Presidential Debate Volunteer for the 2004 General Election

Affiliations

2010-Present	American Academy of Dermatology, Fellow
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